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ABOUT JUNIOR SHARKS

History of Southern Peninsula Sharks

The Southern Peninsula Basketball Association (SPBA) was formed in 1967. Not long after, the SPBA entered several junior representative teams in Basketball Victoria's (BV) junior competition in metropolitan Melbourne, known as the Victorian Junior Basketball League (VJBL).

The SPBA also has senior representative teams that compete in the Big V League, third only to the NBL (National Basketball League), in senior basketball.

Over the past few seasons there has been considerable growth in basketball across the Peninsula. The number and quality of our teams continues to grow in both our Girls and Boys program, along with the number of State & National representative players and coaches.

This information guide will help explain representative basketball to new and existing families.

Our Culture

- Our culture is intrinsically linked to our Association's Core Values - Integrity, Inclusiveness, Professionalism, Progress, Accountability and Respect
- Holistic development of players and coaches within our program
- Experience based learning and growth as a key • element in everthing we do
- Long term development overrides short term • success
- Knowledge and experiences will be openly shared throughout the program
- We will develop and progress as a program, moving forward together.

Contacts

VJBL Administrator Jenna McCormick 03 5981 0347

James McKinnon doc@sthpen.com.au 03 5981 0347

Matt Brasser

Useful Resources

Southern Peninsula Basketball Association - stpen.com.au Victorian Junior Basketball League (VJBL) - vibl.com.au Basketball Victoria - basketballvictoria.com.au

updates and announcements!

"Individual commitment to a group effort - that is what makes a team work, a company work, a society work, a civilization work." - Vince Lombardi

jmccormick@sthpen.com.au

Director of Coaching & High Performance

Assistant Director of Coaching & High Performance

We strongly encourage members to follow our Facebook and/or Instagram for daily

MESSAGE FROM OUR DIRECTOR OF COACHING & HIGH PERFORMANCE

Welcome

Welcome to Southern Peninsula Sharks for the 2021 Season.

I am very much looking forward to helping our athletes and coaches reach their full potential and chase any of their dreams they have within this great game.

We will be keeping some of our great programs and high performance sessions whilst adding in some new initiatives to get the most out of our athletes and coaches.

The new Southern Peninsula Style of Play will be led on great fundamentals and build athletes and coaches into high performing personnel whilst also having a fun and engaging style of learning.

James McKinnon

Director of Coaching & High Performance

Playing Representative Level Basketball

Junior representative basketball is an elite level competition. It is for players who are committed to developing and improving their basketball skills and knowledge. At Southern Peninsula, we provide individuals and teams the opportunity to maximise their potential by competing at the highest level possible, given their own ability. The aim of the Southern Peninsula Junior Sharks program is to promote the game of basketball within our community and to develop players and coaches alike.

All players in a team at this level have an important role to play despite how much court time each player may or may not receive. Coaches will want all players to develop steadily, not just the best players on the team. Playing representative basketball is very different to domestic basketball.

Attitude to your team mates, your coach and your willingness to improve and develop, along with your level of skill are important elements of playing in a representative team. All parents also need to be aware of this.

The Southern Peninsula Sharks junior teams play other representative teams in a competition across the state. Teams play at two levels:

- Victorian Junior Championship Known as 'VC', this is the highest level at which junior teams can play.
- Victorian Junior Leagues Divided into numbered tiers; VJL 1, VJL 2, VJL 3 and so on.



COMMITMENT

The VJBL season is usually scheduled from mid-November through to early September each year. This will change for 2021 due to COVID-19. The competition breaks over school holiday periods and generally teams will not train for most of these periods. There are numerous tournaments and clinics for player development throughout the year along with specific programs tailored for athletes which the club oversees in conjunction with Basketball Victoria and Basketball Australia.

Weekly Commitment

• 1 x 60 minute VJBL game (weekly games on a home and away schedule) All players should arrive at training at least 30 minutes prior to games so they can warm up and get ready for the game with their coach an team.

2 x 90 minute team training sessions per week (usually one on the weekend and one during the week)

All players should arrive at training at least 15 minutes prior to training so they are ready to start at their allocated time.

Training is compulsory and the Coach must be notified if you are unable to attend. Coaches spend significant time preparing training sessions based on all players being in attendance. Notifying of non attendance at last minute is not acceptable.

The days and times of training sessions are set by the club. Players are expected to commit to these training times and the club does not work around individual outside commitments in scheduling training.

There are also additional opportunities through the year including skill development programs and rep camps. Athletes will also be identified for our Southern Peninsula High Performance Program.

Domestic

Sharks players must continue to participate in the SPBA Domestic Competition to be eligible to play representative basketball; this includes U16s, U18s and U21s. Administration will conduct an audit in February. High Performance (SDP, NPP, State) exemptions relevant to workload can be acquired through SPBA Director of Coaching and High Performance.

Tournaments

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The Southern Peninsula Tournament and Australia Day Tournament are compulsory. Basketball Victoria Country Championships are also compulsory for first teams. Teams may attend additional tournaments in consultation with, and only after approval by the SPBA Director of Coaching & High Performance. Additional tournaments will not be funded by the SPBA and it is the responsibility of the Team Manager to complete the required administration for additional tournaments.

Key Dates (to be confirmed due to COVID)

- Junior Sharks Tryouts TBC
- Junior Sharks Training Sessions Commence TBC
- Intra Club Games Night TBC
- VJBL Grading TBC
- VJBL Season TBC
- Eltham Dandenong Australia Day Weekend Tournament
- End of Season Awards Night TBC



Southern Peninsula Tournament - 27th & 28th February 2021

Basketball Victoria Country Championships (1st teams only) - TBC

FEES

Registration Fee:

- 1st Team = \$600
- 2nd/3rd Team = \$550

The registration fee covers:

- VJBL Team Entry Grading & Season
- Court hire for training at external courts
- Contribution to capital and maintenence for training at Association run venues
- Portion of Program Administration & Director of Coaching wages
- Equipment including team bag supplies
- Awards night tickets
- Coaching fees
- Subsidised cost of Rep Camps
- Team entry into Southern Peninsula Tournament (incl. player passes and spectator entry)
- Subsidise team entry costs for Australia Day Weekend Tournament
- Team entry into BVC Country Championships (1st teams only)
- Team entry into VJBL National Classic (for VC teams that qualify)

**Registration fees will be confirmed before tryouts
relevant to how COVID affects the season length.
*** Families with more than one player, any second or
subsequent family members will be discounted by \$20.

Per Game Costs:

- Team sheet fees usually \$6-8 per player dependant on venue which is collected by the team manager and paid to the venue each game
- Door entry usually \$3 for players and spectators
 *Payment methods may change as a result of COVID



OTHER COSTS

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Payment Plans

Due to the current financial strain on families, flexible payment options will be available.

When registering all players will have to pay \$100 deposit to confirm their commitment for the season. In the registration form you will be able to select DEPOSIT or FULL PAYMENT. If you select DEPOSIT, you will be sent paperwork to complete and payments will be direct debited through Integrapay. These will be 5 monthly payments.

Refund Policy

SPBA has the below refund policy for registration fees:

- All refund requests must be made in writing to the SPBA Competitions Manager at jmccormick@sthpen. com.au.
- 2. Refunded amount will be determined as per below:

Date	Refund Amount		
BC	\$400		
BC	\$300		
BC	\$200		
BC	\$100		
BC	No Refund		

3. Uniform purchases will not be refunded.

The refund of fees dates are strict as registration fees go predominately towards expenses incurred early in the season and are still incurred by SPBA even if they withdraw.

*Refund dates will be confirmed by tryouts depending on season dates

UNIFORM

Uniform Requirements

All Sharks players must have a minimum of the playing uniform, training singlet and hoodie or t-shirt. At games, players must have their outer most layer of clothing being a Southern Peninsula t-shirt or hoodie. At trainings, players must wear a Southern Peninsula reversible training singlet.

Mouth Guards are also recommended, please visit our friends at Mouth Guards Victoria for more information: www.mouthguardsvictoria.com.au.

Playing numbers will be chosen by SPBA to ensure we have no clashes in future seasons.

Pro Shop

A range of apparel can be purchased through the Pro Shop at Dromana or via our online shop at sthpen. <u>com.au</u>. Some of our range is below:



Uniform Pack Options

Purchase in a pack to save money on individual pricinig!

Pack 1 - \$150	Pack 2 - \$200	Pack 3 - \$300		
 Playing Singlet Playing Shorts Reversible Training	 Playing Singlet Playing Shorts Reversible Training	 Playing Singlet Playing Shorts Reversible Training		
Singlet	Singlet Socks Drink Bottle Short Sleeve Tee 	Singlet Socks Drink Bottle Short Sleeve Tee Tracksuit Pants Backpack 		

All other items are at Pro Shop prices when purchased individually. Items in packs are discounted.



There will be a sizing chart available online and limited sizes available to try on in the Pro Shop at Dromana Stadium. All orders are to be placed online by the due date as notified by the SPBA Office. Details will be provided on our website in the Junior Sharks section.

OTHER INFORMATION

Playing Times & Venues

Matches are played on Friday nights ranging from a 6:40 start for the younger age groups through to a 9:40 start for the senior age groups. Venue locations will vary from week to week, however a home game at Dromana Stadium (SPBA's home court) will typically occur every second week once the Championship season commences. Players are expected to arrive 30 minutes before tip-off. For parents with multiple children, car-pooling has proven a successful option.

Scoring

Each team must provide a scorer. The Team Manager should prepare a scoring roster with all parents taking turns and ensure that there is a competent scorer placed with a novice scorer. The Association will be running a scoring how to session at the beginning of the season to teach any parents about scoring (dates to be advised by your Team Manager).

*Note: Where teams have siblings please ensure the parents scoring roster covers both siblings and not just the family. This ensures an even spread of scoring turns.

The Southern Peninsula Basketball Association hosts a "scoring school" for anyone that needs to learn the scoring requirements of representative basketball or would like to brush up. Date: TO BE CONFIRMED Location: Dromana Stadium

Photography - opt out policy

If you do NOT wish for photographs of your child/children or yourself engaging in Junior Sharks activities to be published through our various media points for public relations purposes, please contact the imccormick@ sthpen.com.au.

Possible uses of photographs include but are not limited to; SPBA 12 Basketball, VJBL, Basketball Victoria & Basketball Australia websites,

Court Time Management

Representative basketball is considered an elite development program and as such does not operate with the same guidelines as domestic competitions. A basic principle within the representative program is that court time is not guaranteed for any player.

All VJBL Games - Experienced Based Learning (rotating benches): 1 x 60 min MUVJBL Game (weekly games, home & away schedule)

Note: rotating benches means exactly that, rotate the bench and get all players some meaningful minutes, it's a development over winning mentality.

Note II: The coach reserves the right to restrict a players court time if the player has not met all the training requirements; or for disciplinary reasons.

> Players or parents who are concerned about playing time should initially look to organise a time to discuss the matter with the Coach. Parents or players are not to approach coaches directly after a game in regards to court time. If a parent has a concern about this matter they should make contact with the coach later in the week to organise a suitable time to have a brief catch up.

If you do not believe the matter has been resolved or require further information, please contact the Director of Coaching & High Performance James McKinnon at doc@sthpen. com.au.

Note: Coaches are to make themselves readily available to discuss any matters regarding to the with both the parent/s and player.

Issue Management

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If any issues do arise, it is important that these issues are raised and dealt with at the earliest possible stage. Parents must respect Coaches and realise that sensible and productive discussions rarely occur if a person is upset or emotional. Most issues can be resolved through discussion with the Team Manager and/or Coach. Parents and players are advised to not raise a contentious issue with a coach immediately after a game. Please make time to meet with your coach outside of match times. If you are not satisfied with the outcome or response you should direct your inquiry to the Director of Coaching & High Performance at doc@sthpen.com.au.

Coaching

The Director of Coaching & High Performance takes overall responsibility for coach appointments and management. Junior Sharks coaches are either qualified or in the process of becoming qualified under the Basketball Australia Accreditation Scheme.

A Head Coach will be appointed to each team, some teams may also have an Assistant Coach. All coaches are required to conform with VJBL and SPBA rules, which include the requirement for:

- Working with Children (WWC) checks
- Statutory Declaration
- Training in Child Safety
- Training in COVID-19 Infection Control

All coaches should strive to improve their knowledge. This is generally undertaken by attending coaching sessions, getting involved in Basketball Victoria events and upgrading qualifications.

All coaching related quieries should be referred to our Director of Coaching & High Performance at <u>doc@</u> <u>sthpen.com.au</u>.

Team Manager Responsibilities

A Team Manager will be appointed as a volunteer and is usually a parent within the team.

Team Managers are responsible for:

- Administration support to the Team and the Coach
- Communicating important information to players their and families
- Assisting the coach ensuring the safety of all players throughout every game
- Ensuring that a First Aid kit is available
- Carrying all medical indemnity and player contracts to all games
 At each game, paying the team game fee, getting reimbursed by the players or their families, arranging
- At each game, paying the team game fee, getting re a scorer and filling up water bottles.
- Assisting Administrators with forms and the database of contact details
- Periodically help organise social functions for players, families and the team
- If requested by team coach, arrange for a parent to video each game
- Promote to parents, players and coaching staff, Basketball Victoria's Code of Conduct and Southern Peninsula's Values
- Other duties as directed by the SPBA.

Codes of Conduct

Basketball is intended to be a recreational activity for enjoyment and health. SPBA abide by the Basketball Victoria Code of Conduct which has been developed to give participants an outline of the expectations. It is intended to assist everyone to obtain the maximum benefit and enjoyment from their involvement in basketball. The full version of these expectations is located on the Southern Peninsula Basketball Association and Basketball Victoria websites.

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U12 & U14 SKILLS DAYS U12 JAMBOREE U14 ACADEMY & GOLD NUGGET CAMP STATE DEVELOPMENT PROGRAM SOUTHERN CROSS CHALLENGE **AUS JNR COUNTRY CUP STATE TEAMS NATIONAL PERFORMANCE** PROGRAM

Southern Peninsula's pathways go hand in hand with the Basketball Victoria pathways. Driving our Style of Play which aligns with the Victorian and Australian Style of Play underpins all of our programs within our pathway.

With the re-introduction of our Youth League Programs, SPBA continues to build a strong pathway for our junior and senior athletes to progress to higher levels.

PATHWAYS

As part of Southern Peninsula's Vision a targeted objective is to create pathways for talented players, coaches and referees to progress to higher levels.

Working with Basketball Vicotoria, we have a rich history of players and coaches representing Victoria, Australia and playing overseas including College Scholarships.



STATE & NATIONAL REPRESENTATIVES

National Representatives



OLIVIA POLLERD AUSTRALIAN INSTITUTE OF SPORT SCHOLARSHIP AUSTRALIAN U17S

- NBA BASKETBALL WITHOUT BORDERS CAMP
- DUKE UNIVERSITY SCHOLARSHIP



PAIGE PRICE AUSTRALIAN INSTITUTE OF SPORT SCHOLARSHIP AUSTRALIAN U17S

 NBA BASKETBALL WITHOUT **BORDERS CAMP** WNBL MELBOURNE BOOMERS



ELLA HELLESSEY AUSTRALIAN U17S & U19S

TEXAS CHRISTIAN UNIVERSITY SCHOLARSHIP



JAZ SHELLEY AUSTRLIAN OPALS SQUAD AUSTRALIAN INSTITUTE OF SPORT SCHOLARSHIP AUSTRALIAN U17S & U19S NBA BASKETBALL WITHOUT

- BORDERS CAMP
- OREGEON UNIVERSITY SCHOLARSHIP

2020 State Representatives



DARCY JONES BELLA BREEN



CHARLI DOBSON COREY HASTINGS KYRA WEBB CHANTELLE JAMES BEN FORSYTH TOM FIELD

Past State Representatives (since 2013)





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CLUB ADVIS

Q & A

Here are some frequently asked questions which will help you understand the commitments of the program.

Feel free at any time to contact us if you have any questions. Or if you are selected in a team, your team manager is your best first point of call.

Director of Coaching & High Performance - JAMES MCKINNON doc@sthpen.com.au

Competitions Manager - JENNA MCCORMICK jmccormick@sthpen.com.au

Q

What times and days are games played on?

Q

Where are games played?

A

Regular representative games are held on Friday nights. A guideline of times VJBL uses is 6:40pm U12s, 7:40pm, U14s, 8:40pm U16s and 9:40pm U18s/U21s. Teams should be prepared to play either side of this though.

Tournaments are held on weekends as scheduled.

Α

Games are typically played within 10 - 60 minutes away from Dromana. At lower divisions, grades are regionalised. At higher divisions, teams could have occaisional games up to 2-3 hours away depending on the team played. Fixtures are on a home and away schedule.

Α

Q

 Yes - trainings are usually one mid-week and one on the weekend. Team training schedules are advised following tryouts.

week compulsory?

Are the two training sessions per

Players should arrive 15 minutes prior to training to begin warming up.

Q

2

Q

Does a player need to attend all tryout sessions?

on 0407 443 194

Call Tim Dobs

Α

Yes. If a players is unable to attend a tryout session for any reason, please contact our Director of Coaching & High Performance at <u>doc@sthpen.</u> <u>com.au</u>

Α

No - Southern Peninsula run closed tryout sessions. Parents are able to view the courts from the foyer if they wish.



Can parents watch try-outs?

Q

Do Junior Sharks players need to play in tournaments?

Α

Southern Peninsula competes in a number of compulsory tournaments being its our own tournament, the Australia Day Weekend Tournament, BVC Country Champs (1st teams only) and National Junior Classic (if team qualfies.

Teams may play in other tournaments in consultation with our Director of Coaching.

FUTURE SHARKS

Our Future Sharks Program is targeted at players born in 2012 and 2013 who want to begin to get involved in our Junior Representative Program.

The Future Sharks Teams train less frequently (1-2 times per fortnight instead of per week). Instead of playing Friday night competition, they will play three tournaments over the year.

This program is a great way for younger players that want to play higher than domestic to get involved in the junior representative program and begin developing their skills.

Players for the Future Sharks Program will be selected from U12 Tryouts.

Commitment

This commitments of Future Sharks include:

- 1-2 trainings per fortnight (excluding school holidays)
- 3 x tournaments including the Southern Peninsula Tournament
- Intra club practice game night
- Potential other practice games through the year
- 1 x Big V Team Duty (help at a Senior Sharks night)



Costs

Fees for playing in Future Sharks are less than the standard representative fees.

REGISTRATION FEE \$200 per player

This fee includes:

- Court hire for training at external courts
- Contribution to capital and maintenence for
 - training at Association run venues
- Portion of Program Administration & Director of Coaching wages
 - Equipment including team bag supplies
 - Awards night tickets
 - Coaching fees
 - Subsidised cost of Rep Camps
- Team entry into Southern Peninsula Tournament
 - (incl. player passes and spectator entry)
- Subsidise team entry costs for Australia Day
 - Weekend Tournament

This fee does not include:

- Uniform
- Portion of Australia Day Tournament Entry
 - Third tournament entry fee
- Any tournament travel or accomodation costs

2020/20)21 CA	LEND	AR	
DATE	CA	1		
Friday, 22 January 2021	Grading R	1		
Friday, 29 January 2021	Grading R	1		
Friday, 5 February 2021	Grading R	1		
Friday, 12 February 2021		1		
Friday, 19 February 2021	Grading P	1		
Friday, 26 February 2021	Grading P			
Friday, 5 March 2021	Grading P	1		
Friday, 12 March 2021	C	rossover Round	1	1
	VC (12-18)	VC (21)	VJL1-4	1
Friday, 19 March 2021	1	X Over 2	X Over 2	
Friday, 26 March 2021	2	X Over 3	X Over 3	1
Friday, 2 April 2021			A.V.C.	Good Friday
Friday, 9 April 2021	SCR		AYS	
Friday, 16 April 2021	3	1	1	Srd Friday of School Holidays
Friday, 23 April 2021	4	2	2	in an an a second se
Friday, 30 April 2021	5	3	3	
Friday, 7 May 2021	6	1	1	
Friday, 14 May 2021	/	5	5	1
Friday, 21 May 2021	8	6	6	1
Friday, 28 May 2021	9	1	1	
Friday, 4 June 2021	10	8	8	1
Friday, 11 June 2021	вуг	9	9	1
12th, 13th and 14th June	NATION			
Friday, 18 June 2021	11			
Friday, 25 June 2021	12	11	11	1
Friday, 2 July 2021				
Friday, 9 July 2021	SCH	OOL HOLID	AYS	
Friday, 16 July 2021	13	12	12	
Friday, 23 July 2021	14	13	13	1
Friday, 30 July 2021	15	14	14	1
Friday, 6 August 2021	16	15	15	1
Friday, 13 August 2021	17	16	16	1
Friday, 20 August 2021	18	1/	1/	1
Friday, 27 August 2021	Finals	18	18	1
Friday, 3 September 2021	Finals	Finals	Finals	1
Friday, 10 September 2021	Finals	Finals	Finals	1
Friday, 17 September 2021	GRAND FINALS			1
Friday, 24 September 2021				1
Friday, 1 October 2021	SCH	OOL HOLID	AYS	1

A RES Contact Info 📞 (03) 5981 0347 🖂 admin@sthpen.com.au PO Box 122, Dromana,

Victoria

