



SPBA OUTDOOR PLAY POLICY

MAY 18TH – June 21ST 2020

On May 11th, 2020, the Victorian Government released an update to their COVID-19 restrictions, followed by information pertinent to basketball being released by Basketball Victoria on the 11th and 12th of May. We are sure that some of the easing of restrictions has our community excited at the opportunities that lie ahead. The SPBA believes it is important to provide our members and their families some guidance, information and assistance to assist everyone in remaining healthy, well and safe.

We are being provided an opportunity to enjoy a level of sport and exercise outdoors in the short term, but we must not compromise safety, nor the reputation of the sport at this vitally important time.

The only training sessions that the SPBA are sanctioning are Zoom training sessions, however, we encourage team mates to work together in small groups of 2-4 during these sessions, ensuring social distancing laws are adhered to.

Reasoning

1. Ensures athletes have safe access to facilities
 - 1.1. Ensures we don't face any challenges of other members of the community being in the same location as our teams, at the same time
 - 1.2. Those athletes who do not have rings or space at home can now join teammates
2. Ease of timing
 - 2.1. No need for policies/ procedures around how early/late athletes can be at facilities, before/after their sessions

SPBA Endorsed Sessions

1. Zoom training sessions
 - 1.1. Athletes are encouraged to complete these sessions together, in small groups of 2-4, where it is possible to do so whilst following Social Distancing laws

Purpose of Sessions

1. Player Health & Wellbeing – to get participants interacting/socialising with their friends, following social distancing rules
2. Fitness & Conditioning – start with a slow, modified reintroduction to fitness and conditioning (eg 1 vs 0 drills, shooting etc) to be ready for any formal indoor activity when it is safe to do so.

Conditions

1. No Zoom training sessions are compulsory
2. All Zoom training sessions must follow laws and guidelines
3. At the start of all Zoom training sessions (where more than 1 athlete is training together) sanitisation procedures must be completed on screen
4. All Zoom training sessions must be recorded and sent to SPBA DOC
5. Before any athletes can train together in an SPBA Zoom training session, all SPBA coaches will be required to sign a separate document clarifying their understanding of the SPBA policy around outdoor training

Insurance

1. Only Basketball Victoria and Association "sanctioned" training or competitive activities are covered by Basketball Victoria's insurance policy
2. Only registered participants are covered for personal accident insurance
3. Activities must be in line with and adhere to government laws, rules and regulations

Activities that fail to comply with these requirements may not be covered by insurance under this policy – eg if there are 11 people training, or people are proven to not be social distancing or sanitising their hands etc.



REQUIREMENTS FOR OUTDOOR TRAINING IN ADDITION TO LAWS

As per Basketball Victoria's Return to Sport Guidelines, the following requirements that must be adhered to;

1. Prepare & Dress for training at home
2. Shower at home before & after training
3. Wash or Sanitise your hands before & after training
4. Maintain distance of at least 1.5m whilst training
5. No physical contact: no high-5s, handshakes, screens, boxing out, bumping, one on one play etc
6. Maximum training session of 60 minutes
7. One ball, drink bottle and towel per participant, clearly labelled
 - 7.1. Basketballs must be sanitised with single use antibacterial wipes pre and post training, when more than 1 athlete is training together
8. Coaches are to keep a record of which athletes trained with each other during each session
9. Participants must adhere to established practices to help reduce the spread of COVID-19;
 - 9.1. If you are sick/unwell, stay at home
 - 9.2. Wash your hands regularly
 - 9.3. Cough and sneeze into your elbow